

Lancaster Senior Center

Van News

The van is available Monday-Friday for senior citizens that reside in Lancaster. Medical appointments take preference in scheduling. However, we do transport to area stores, such as Tops, Wal-Mart, Eastern Hills Mall, etc. We also transport to the Senior Center several days a week. For information concerning the van and/or to schedule an appointment contact Mary at 685-3498 between 9-Noon Monday-Friday.
(PLEASE DO NOT CALL ON THURSDAYS)



Blood Pressure Readings By Rural-Metro Ambulance
Thursday, June 8th 9-11

Sunshine Committee

Evie Pelka sent out "Get Well Wishes" to members who have recently been ill:
Faye Sanita

Welcome

NEW MEMBERS

Victoria Pelz, Margaret Stancampiano, Jean Gozdalski
Frances Michenzi, Jack & Marlene Hodgkiss, Sharon & Michael Cohan, Grace Dean, Allynn Siebert, Sandra Thielke, Clarence & Kathleen Blenk

In Memory

Our sincere sympathy is extended to the families and friends of those members who have recently passed away:

John Kuziomko

Friday Movies

Every Friday afternoon at 12:30, we show a new movie release (sometimes an "oldie"). See our calendar for this month's movies.
Free pop and fresh popcorn.....

Nutrition

The Senior Center serves hot meals at 11:45 a.m. Monday-Friday. The cost for this program is \$2.25 per person. Call 685-3498 to cancel or to make reservations by Thursday morning. (One week prior)

BIRTHDAY BOX

If your birthday falls during the month, put your name in the box. Each month we will have a drawing for a \$10.00 gift certificate. (This is for Lancaster members only)
The box is located outside the office.

DON'T FORGET WE HAVE A MASSAGE THERAPIST HERE EVERY 4TH WEDNESDAY FROM 10-12:30. SIGN UP IN THE OFFICE.

Happy Father's Day

AARP 55Alive

Safe Driving Course
Sign Up Now!
\$10.00

June 26 & 28
July 24 & 26
August 21 & 23
September 25 & 27



Computer News

Jim & Anna Mae are back in town. Our monthly computer club meetings resume this month. The club meets on June 8th from 7-8:30p.m.
Topic: Computer tips and troubleshooting.
Don't forget to check out Jim's Komputer Korner online at Lancasterny.gov

Lancaster Senior Center
100 Oxford Avenue, Lancaster, New York 14086
Phone: 685-3498 Fax: 685-3594

SENIOR INK

Staff Recreation/Outreach
Susan Arcese
Geraldine Beckler
Janice Korzeniewski

Nutrition Staff
Beverly Tanski
Judith Szczesniak
Monica Perna

Meals On Wheels
Ann Wadsworth
683-3771

Van Drivers
Norman Bastian
Joseph Dennis
Sylvester Dobrowolski
Gordon Ederer
Donald Metzger
Louis Mucciaccio
Ronald Polanski
John Zbock

Crafts
Ann Heidle

Ceramics
Gladys Weiss

Square Dance
Bill Baumgardt

Line Dance
Claire Dela Rosa

Piano
Linda Frost

Yoga
Kathy Markousis

Art
Kim Pesany-Au



Mary Bartz
Director of Senior Services

2006 Lancaster Senior Center Officers
President - Shirley Roll
Vice President - Norman Bastian
Treasurer - Jerry Sowinski
Secretary - Claire Schlum
Board Of Directors:
Ethel Erb, Rita Galbreath, Donald Murawski,
James Sterlace & Ramona Wery
Bingo Chairman
Ronald Wisniewski

HOURS

Mondays, Tuesdays,
Wednesdays & Fridays 8:30 - 5:00
Thursdays 8:30-9:00 p.m.

Building is Handicap Accessible

JUNE 2006

| S | M | T | W | T | F | S |
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| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | |

Upcoming Events

JUNE

2nd - Fun Friday
7th - Annie @ Shea's Theater
12th - Fort Erie Slots
14th - Picnic in The Park
19th - Dominoes Party (50's Theme)
23rd - Strawberry Social & Bingo
28th - Bocce League begins 6pm

JULY

Senior Games 7/17-7/21

WANTED

Mah Jonng Players
(classes are held the 2nd, 3rd & 4th Monday each month @ 11:00a.m)



June 2006

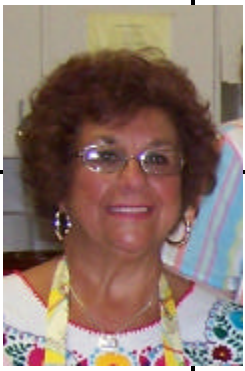
Nachos Today!



By: Rural Metro Ambulance



DONUT DAY!



5
Aerobic Tape 9-10
Red Hats 10:00
Yoga 10-11
Crafts 10:30-4:30/Mah Jonng 11:00
Hand & Foot Card Game 2:00



6
Knit, Crochet & Ceramic Class 9-Noon
Walk @ Como Park 9:30
Organ Club 10:00
Quilters 10:00
Before Basic Computer Class 10:30-2:30
Pinochle 12:45
Line Dancing 1-4

7
Aerobic Tape 9-10
Piano Lessons 9-Noon
Art Class 12:15
Basic I Computer Class 1-2:30
Square Dancing 2-3:30
Annie @ Shea's Theater

8
Blood Pressure Rdgs 9-11
Ceramic Class 9-Noon
Bingo 12:45/Birthday Party
Pinochle & Dominoes 5:45
Scrabble 6:30
Computer Club 7-9

9
Aerobic Tape 9-10
Easy Line Dancing 10:15-11:15
Crafts 10:30-4:30/Cards 12:15
Movie 12:30 - Nanny McPhee
Basic II Computer Class 1-2:30
Intermediate Line Dancing 1-3

Golf League 9:30

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Golf League 9:30

12
Aerobic Tape 9-10
Fort Erie Slots
Yoga 10-11
Crafts 10:30-4:30
Mah Jonng 11:00
Hand & Foot Card Game 2:00



13
Knit, Crochet & Ceramic Class 9-Noon
Walk @ Como Park 9:30
Organ Club 10:00
Quilters 10:00
Before Basic Computer Class 10:30-2:30
Pinochle 12:45
Line Dancing 1-4

14
Aerobic Tape 9-10
Piano Lessons 9-Noon
Picnic in The Park (Westwood Park)
Art Class 12:15
Basic I Computer Class 1-2:30
Square Dancing 2-3:30

15
Ceramic Class 9-Noon
Officers/Bd Mtg. 9:45
Bingo 12:45
Pinochle & Dominoes 5:45
Scrabble 6:30

16
Aerobic Tape 9-10
Easy Line Dancing 10:15-11:15
Crafts 10:30-4:30/Cards 12:15
Movie 12:30 - Last Holiday
Basic II Computer Class 1-2:30
Intermediate Line Dancing 1-3
Potluck/Chinese Auction

19
Aerobic Tape 9-10
Yoga 10-11/Crafts 10:30-4:30
Mah Jonng 11:00
Dominoes Party (50's Theme) 1:00
Hand & Foot Card Game 2:00



20
Knit, Crochet & Ceramic Class 9-Noon
Walk @ Como Park 9:30
Organ Club 10:00/Quilters 10:00
Before Basic Computer Class 10:30
Pinochle 12:45
Line Dancing 1-4

21
Aerobic Tape 9-10
Piano Lessons 9-Noon
Art Class 12:15
Book Club 12:30
Basic I Computer Class 1-2:30
Square Dancing 2-3:30

22
Ceramic Class 9-Noon
Bingo 12:45
Pinochle & Dominoes 5:45
Scrabble 6:30

23
Aerobic Tape 9-10
Easy Line Dancing 10:15-11:15
Crafts 10:30-4:30/Cards 12:15
Movie 12:30 - Three Wishes
Intermediate Line Dancing 1-3
Basic II Computer Class 1-2:30
Strawberry Social & Bingo 6:00

26
Aerobic Tape 9-10
No Yoga Today!/Crafts 10:30-4:30
Mah Jonng 11:00
Diner's Club - Noon
(See posting outside office for location)
55Alive 1-5
Hand & Foot Card Game 2:00



27
Knit, Crochet & Ceramic Class 9-Noon
Walk @ Como Park 9:30
Organ Club 10:00/Quilters 10:00
Before Basic Computer Class 10:30
Pinochle 12:45
Line Dancing 1-4

28
Seneca Allegany Casino
Aerobic Tape 9-10
Piano Lessons 9-Noon
Chair Massage 10-12:30
Art Class 12:15/Alive 1-5
Basic I Computer Class 1-2:30
Square Dancing 2-3:30
Bocce League 6-8

Chair Massage 10-12:30 (call for an appointment)

29
Ceramic Class 9-Noon
Bingo 12:45
Pinochle & Dominoes 5:45
Scrabble 6:30

30
Aerobic Tape 9-10
Easy Line Dancing 10:15-11:15
Crafts 10:30-4:30/Cards 12:15
Movie 12:30 - Rumor Has It
Intermediate Line Dancing 1-3
Basic II Computer Class 1-2:30